HUNGRY?

Complementary Lessons for
The Hunger Games
And
The Hungry Planet

Illinois Agriculture in the Classroom
Materials in this booklet are based upon:


*The Hungry Planet* by Peter Menzel, ISBN 13-978-0-9840744-2-6

We urge you to use various Ag Mags and MAGIC Kits available from your County Agriculture Literacy Coordinator to supplement these activities.

For more information about Illinois Agriculture in the Classroom, visit our website at:

WWW.AGINTHECLASSROOM.ORG
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Illinois Agriculture in the Classroom
COMPREHENSION

Chapter 1
1. Describe the narrator.
2. What is her family situation?
3. Describe District 12 and the Seam.
4. What happened to ‘father’?
5. Why don’t most people have weapons like the bow?
6. Who is Gale?
7. Why don’t Gale and Katniss run away?
8. What is the Hob?
9. How does the reaping system work?
10. Is the reaping system fair?
11. What is a tesserae?
12. How many entries will Katniss have?
13. What are the Hunger Games?

Chapter 2
1. What is protocol for volunteering?
2. What does silence at the reaping mean?
3. What does the gesture of taking your 3 middle fingers, pressing them to your lips then extending your arm mean?
4. Who is the male tribute and how does Katniss know him?
5. What is Peeta’s previous introduction to Katniss?
6. What is Katniss’s mother’s mental state?
7. How does Katniss’s mother impact her?
8. What was the significance of the dandelion?

Chapter 3
1. What happens after the anthem?
2. What instructions does Katniss give her mother?
3. List the other visitors to Katniss and detail what they bring or say to her.
4. What type of competitors will Katniss face?
5. Gale compares the Hunger Games to “Just Hunting”—what does he mean and does Katniss agree?
6. Why is Katniss so concerned about her appearance? Is this different than other times in the book thus far?
7. Where is the Capitol located?
8. Where is District 12 located?
9. What is a mockingjay bird?
COMPREHENSION

Chapter 3 (continued)
10. Why does a mockingjay bird make Katniss think of her father?
11. What does Effie think of Katniss and Peeta’s table manners?
12. How are the actions at the District 12 reaping described on the television?
13. What role will Haymitch play at the Hunger Games?

Chapter 4
1. Why does Katniss perceive Peeta’s kindness as a threat?
2. Why does Katniss stay away from Peeta?
3. Why did Katniss put up a ‘wall’ between her and her mother?
4. Why does Katniss detest Haymitch?
5. What deal does Haymitch make between Katniss and Peeta?
6. What are Haymitch’s first words of advice?

Chapter 5
1. How does Katniss describe the Capitol accent?
2. What happens to Katniss at the Remake Center?
3. Why do newcomers like Cinna get assigned to District 12?
4. Describe the traditional District 12 costume and how Cinna wants it to be different this year.
5. How does the crowd react to all the tributes?
6. How does the crowd react to Peeta and Katniss?
7. Describe the interaction between Katniss and Peeta.

Chapter 6
1. Why is Effie Trinket still with Peeta and Katniss?
2. How does Katniss feel about Effie’s description of her district?
3. Describe Katniss’s quarters.
4. What is an Avox?
5. What penalty has been levied on an Avox?
6. What does Haymitch think of Peeta and Katniss holding hands?
7. How is Katniss in Peeta’s debt again?
8. Why do Katniss and Peeta talk on the roof?
9. How did Katniss know the Avox?
Chapter 7
1. What does Katniss think of dressing like Peeta?
2. Why does Katniss continue to dress like Peeta?
3. Why does the thought of meeting the other Tributes make Katniss sick to her stomach?
4. How does Peeta describe Katniss’s skill with a bow?
5. How does Katniss react to Peeta’s description?
6. What does Peeta mean Katniss has “no idea the effect she can have”?
7. What advice does Haymitch share with Katniss and Peeta?
8. What does Haymitch demand of the District 2 tributes in public?
9. How does Katniss think she stacks up against the other Tributes?
10. Describe the Career Tributes.
11. What skills do Katniss and Peeta concentrate on in training?
12. Describe the Gamemakers.
13. How does Katniss get their attention in her private session?

Chapter 8
1. What does Katniss think will be the result of her private time with the Gamemakers?
2. What do Peeta and Katniss score?
3. Why do the Gamemakers release scores of the Tributes?
4. How did Katniss meet Gale?
5. How did Katniss and Gale become a team?
6. How is Gale’s family similar to Katniss’s?
7. What role does Gale serve for Katniss?
8. What role is Peeta now serving for Katniss?
9. What is the change in plans for how Peeta wants to be coached? Why?

Chapter 9
1. Why does Katniss have conflicted emotions about Peeta?
2. How does Katniss reach an understanding with the Avox?
3. What is the advice Cinna gives to Katniss about the interview?
4. What is the purpose of the interview?
5. Why is Katniss so troubled by the interview?
6. Who is Katniss’s only friend in the Capitol so far?
7. Describe Katniss’s dress.
8. How do people age in the Capitol?
9. Why are older people respected in District 12?
10. How did both interviews go for District 12?
COMPREHENSION

Chapter 10
1. What impact does Peeta have on the crowd with his girlfriend answer?
2. How does Katniss react to Peeta’s answer?
3. What does Katniss do when she sees Peeta?
4. What does Cinna say about Peeta and Katniss?
5. How did Katniss show she could be in love with Peeta?
6. How are Peeta’s hands?
7. Why do the games start at 10 am?
8. What does Haymitch urge the Tributes to find first?
9. Why does Katniss hope for trees?
10. Why does Peeta want to ‘die as myself’? What does that mean?
11. Who is Titus?
12. What did he do?
13. What is injected into Katniss?
14. What is the purpose?
15. What happens to the arenas after the Hunger Games?
16. Describe Cinna’s parting words to Katniss.

Chapter 11
1. What is the Cornucopia?
2. What does Katniss spy that is meant for her?
3. Describe Katniss in the moments leading up to the start of the game.
4. Why does the boy from District 9 spit blood?
5. Name the items Katniss gets from the arena.
6. What do the cannon shots represent?
7. How many are killed the first day?
8. What happens every evening?
9. What is in Katniss’s pack?
10. Why was it wrong to start a fire the first night?
11. How does Katniss know Peeta is alive at the end of the chapter?

Chapter 12
1. Describe the condition Peeta is in.
2. How does Katniss feel about Peeta at the beginning of the chapter?
3. Why are the Careers keeping Peeta around?
4. How will the audience react to find Katniss has heard about Peeta?
5. Describe the effects of dehydration on Katniss.
6. What happens with Silver Parachutes?
COMPREHENSION

Chapter 12 (continued)
7. Why doesn’t Haymitch send water?
8. How does Katniss purify the water?
9. What wakes up Katniss?

Chapter 13
1. How does Katniss think the fire was started?
2. What is the new twist Katniss discovers after outrunning the fire?
3. How is Katniss injured?
4. Describe her injury.
5. How does Katniss escape the Career pack?
6. How does Glimmer use the bow?
7. What does Katniss discover in the tree with her?

Chapter 14
1. What does Rue point out?
2. What are Tracker Jackers?
3. How have the Tracker Jackers been subdued?
4. What does Katniss discover when she gets back to her sleeping bag?
5. How does Katniss evade the Careers?
6. What happens after the Tracker Jackers sting?
7. Who saves Katniss’s life?

Chapter 15
1. Katniss begins thinking about Gale, then shifts to whom?
2. How long does it take for the venom to work its way out of Katniss?
3. How do the weapons give Katniss a new perspective on the Hunger Games?
4. How does Rue attend to Katniss?
5. What is the new alliance?
6. Why does Katniss want to form this alliance?
7. Why are citizens not allowed to eat the food in District 11?
8. What is punishment for eating the crops in District 11?
9. What does Rue discover about the sunglasses?
10. Why does Katniss think her conversation with Rue will be blocked?
11. How many nights was Katniss gone?
12. How many Tributes are left?
13. What has happened to Peeta?
Chapter 16
1. Describe how Rue and Katniss trust each other.
2. Why is food such an important element of the Hunger Games?
3. What advantages do Katniss and Rue have?
4. Describe the separate good luck charms.
5. What has happened to Peeta?
6. How are the Career supplies protected?
7. What has ‘Foxface’ done?
8. What did she avoid?
9. How does Katniss destroy the supplies?

Chapter 17
1. Describe the impact of the explosion.
2. What happens to the boy from District 3?
3. Why does ‘Foxface’ make another appearance?
4. Why doesn’t Katniss want to ally with ‘Foxface’?
5. Describe a ‘hollow day’.
6. What happens to Rue?

Chapter 18
1. Why does Rue want Katniss to sing?
2. Why does Katniss think of Prim with Rue?
3. How does Katniss’s song repeat?
4. Why does Katniss decorate Rue’s body with wildflowers?
5. Where does the sponsor gift come from?
6. Why is this unusual?
7. When Katniss sorts the packs—what does she find from the boy from District 1?
8. Why are the Careers considered arrogant?
9. What does Katniss realize about her first kill?
10. What is the new rule announced?

Chapter 19
1. Why does Katniss want to ally with Peeta?
2. Who benefits from the rule change?
3. How does Katniss track Peeta?
4. How has Peeta disguised himself?
5. What are his injuries?
6. Why does Katniss kiss Peeta?
7. What does the kiss earn Peeta and Katniss?
COMPREHENSION

Chapter 20
1. How does Katniss get Peeta to eat?
2. What is the status of Peeta’s leg wound?
3. Why does Katniss change the story of the family goat?
4. How is the story different from the real way Katniss got the goat.
5. How can a goat change your life in District 12?
6. What will be at the feast for Katniss?
7. Why doesn’t Peeta want Katniss to attend the feast?
8. How does Katniss get Peeta to let her go?

Chapter 21
1. Why does Katniss feel lonely?
2. How do the Gamemakers affect the games?
3. What will be at the feast for Katniss and Peeta?
4. What does Katniss think Gale would think of the Games?
5. Who reaches the table first?
6. Who attacks Katniss?
7. Who saves Katniss?
8. Why does he save Katniss?
9. What was in the backpack?

Chapter 22
1. How are Peeta and Katniss doing at the beginning of this chapter?
2. Explain how Katniss thinks Peeta’s life in District 12 is different from hers and even Thrash’s.
3. Why is Katniss still trying to pay Peeta back?
4. How are Peeta and Gale different about questioning things?
5. Where is Thresh?
6. Describe the first kiss for Katniss.
7. Why do the Gamemakers send a thunderstorm?
8. How does Peeta remember seeing Katniss the first time?
9. What did Peeta’s father say about Katniss?
10. What does Peeta think is lucky?
COMPREHENSION

Chapter 23
1. Why do Katniss and Peeta ration the food?
2. It they win where will Katniss live?
3. How do Katniss and Peeta think Haymitch won the Hunger Games?
4. Who died during the thunderstorm?
5. What does Katniss think will be her future?
6. Why do Katniss and Peeta split up?
7. How does ‘Foxface’ die?
8. Who does Peeta think killed ‘Foxface’?

Chapter 24
1. What is the plan for Katniss to use for the extra nightlock?
2. What does Katniss use the arrows for?
3. What is the difference between Katniss kissing Peeta for the audience and for herself?
4. Why do the Gamemakers dry up the rivers and streams?
5. What time of day do Peeta and Katniss reach the cornucopia?
6. What protects Cato from Katniss’s arrow?

Chapter 25
1. What is chasing the final three Tributes?
2. What are the mutations designed to resemble?
3. How did Katniss, Peeta and Cato reach a stalemate?
4. What does Peeta indicate to Katniss?
5. Explain the difference between pity and vengeance with Katniss and Cato.
6. What causes a change at the end of the Games?
7. What plan does Katniss devise at the end of the chapter?
8. Why do the Gamemakers interrupt Katniss’s plan?

Chapter 26
1. What does Katniss have in her hand as the doctors rush Peeta to surgery?
2. Describe Katniss as she sees herself in the glass.
3. Who does Katniss see when she first wakes up?
4. How does Katniss react when she sees Haymitch?
5. Why is there a delay between the end of the Games and the recognition of the winner?
6. How does Katniss describe meeting Venia, Flavius and Octavia?
7. Why does Haymitch insist on a hug before the recognition?
Chapter 26 (continued)
8. What new dangers await Katniss in the Capitol?
9. The chapter ends with the quote “the most dangerous part of the Hunger Games is about to begin.” What does this mean?

Chapter 27
1. Why did Cinna chose the dress for Katniss?
2. How does Peeta play to the crowd?
3. What has happened to Peeta’s leg?
4. Why is the show required viewing for all of Panem?
5. What does Katniss learn about Peeta while watching the video?
6. Who actually tells the story of the victors in the highlight?
7. What is omitted from the highlights?
8. Describe the crown from President Snow.
9. When will the stylists be reunited with the Tributes?
10. Of what do the flowers Peeta finds along the train track remind Katniss?
11. What does Peeta accuse Katniss of doing ‘for the Games’?
12. Why is Peeta’s hollow voice different than an angry voice?
In our dystopian novel, the setting is PANEM. At the beginning of the Reaping, the mayor steps up and tells the story of Panem. Panem rose out of the ashes from a place called North America. After years of disaster the 13 Districts of Panem rebelled against the Capitol. 12 Districts were defeated, the 13th was obliterated (page 18). To prevent this from happening again, the Hunger Games were created to keep the districts in check. The Tributes in the Hunger Games are from the 12 remaining districts in Panem. Each district offers a unique asset to the Capitol. Although there are many suggestions at where the actual districts are located, it would make sense that Illinois is in the Heart of the Agriculture District—District 11—where Rue and Thresh are from. Examine the map above, and see if you can determine what each district might give the Capitol today!

District 1- Luxury; District 2- Masonry; District 3- Electronics; District 4- Fishing; District 5- Power; District 6- Transportation; District 7- Lumber ; District 8- Textiles; District 9- Grain; District 10- Livestock; District 11- Agriculture; District 12- Coal Mining; District 13- (terminated) Graphite Mining.

OVER THE FENCE:
Much is made of Katniss—the Girl on Fire—but what if you were to design a costume for District 9, 10 or 11—What perceptions of grain, livestock and agriculture would you want them to have? How could you incorporate the aspects of feeding the nation in a costume? Perhaps add a style show for your classmates!

ILS: 17.C.3b; 26.B.3d
Objective: After completing this activity, students will have explored the nutritional habit of families all around. Students will be able to compare and contrast these countries with the United States and each other. They will also be able to investigate how weather, landscape and soil types affect agriculture all around the world.

Activity Instructions:
2. Have the students pick one of the countries in the book (any country but the United States). Give the students a photocopy of the picture of their country from the book and the introductory page of each country which includes the cost of all their food purchased for one week.
3. Students should investigate the country using the internet, books, encyclopedias, etc.
4. Have the students write a report on their country including what items were purchased and how much money was spent. Have them include agricultural aspects such as weather/climate, topography/landscape, soil types, etc. Each student should use these findings in their discussion of why the people of their assigned country can grow specific foods and why they can’t grow other types of food. Students should also discuss nutritional aspects. Does the food purchased fulfill all of the nutritional needs of the people in that country?
5. After writing their report, have the students prepare a short presentation about their country. This could be done with a PowerPoint presentation or just a general sharing session.
6. After all students have shared their findings, discuss how the United States differs from other countries. What kind of land and climate do we have? What types of food do we buy? How much money do American families spend on food?

Over the Fence:
1. Assign students to keep a food journal for 1 week. Track everything they eat for a week.
2. Reread the scenes from the Arena and track the meals that Katniss (and eventually Rue and Peeta) eat.
3. Compare the portions, and quantity of the students with characters from The Hunger Games, and then with the family from the selected country.
4. Chart the similarities and the differences between the meals of your students with those around the world, and those in The Hunger Games.

ILS: 3.A.2; 3.B.2b; 3.C.2a; 4.B.2a; 5.A.2b; 5.C.2b; 15.A.2a; 17.A.2a; 23.C2a; 23.C.3
Beyond the Seam

Just as the Tributes are each influenced by their district and upbringing, we too are creatures of habit. You are influenced by the people around you and various foods. In larger communities, you see various pockets or neighborhoods where certain ethnicities or culture gather. In some rural communities, the entire community reflects a specific ethnicity or culture. In Chicago, you find “Chinatown” (the 3rd largest ‘Chinatown’ in the U.S. behind San Francisco and New York) on the near south side of the city, and “Greektown” on the near west side.

Teutopolis, Illinois (in East Central Illinois, Effingham County) was settled on the Old National Road (Now U.S. Route 40) in the 1830’s by Germans looking for good farmland. Bishop Hill, IL (in North West Illinois, Henry County) was settled by a large number of Swedish immigrants seeking to build a new Utopia for religious freedom. Both these and many other communities continue to celebrate their cultural heritage.

OVER THE FENCE
1. Research the history of your hometown. Why was it settled? How was it settled? Visit your local library or museum to find out more about your hometown.
2. Imagine that you were selected from your hometown in a reaping. Look for clues of history that could be used to help in training you to prepare for a day in the arena.
3. What type of ‘historical’ garment would your stylist select for you?
4. Many High School teams have mascots that reflect the character of the area around them. Why are these schools associated with their mascot?
   - Havana Ducks
   - Morton Potter
   - Galesburg Silver Streaks
   - Hoopeston Cornjerkers
   - Cobden Appleknockers
   - Freeport Pretzels
   For additional mascots see http://www.icl.coop/archive/11_08/2ndFeature1.php
5. The Districts in The Hunger Games are simply numbered. Yet we live in states with specific names. Why are our states named the way they are? Research your answer.
6. Even more so, we live in counties with specific names. Who was your county named after? Why?
7. Given the industry and products of the Districts in The Hunger Games, what might you consider naming those districts?

Contact your County Ag Literacy Coordinator for use of the Illinois mAGic Kit and the Illinois Agriculture History CD Illinois Agriculture: Innovation and Invention.

Throughout the book, we learn various facts about the current state of Panem. You’ll notice at the beginning of the reaping, the mayor steps to the podium to tell the story of Panem. (Chapter 1, page 18) Panem has risen out of the ashes of what used to be North America. A brutal war and natural disasters have shifted the current borders and oceans. As Katniss describes the events that followed, including the Hunger Games, she describes how the Games are designed to remind citizens of the district that they are totally at the mercy of those of the Capitol.

The Hunger Games are to be treated as festive sporting events, where each district cheers on its own competitors. The games are televised and they are required viewing for all citizens. As the games progress the different districts can send gifts to the Tributes, and these can be quite expensive. Most of the money is not held in the Districts, but in the Capitol. Ironically, the Capitol doesn’t produce goods, but is dependent upon the Districts.

**OVER THE FENCE**

1. Describe current North America. Compare the governments and laws of the countries. How are they similar? How are they different?
2. Use current topics throughout North America. Where do you see similarities between the current countries? What are the differences? How are these similarities and differences handled?
3. When do you recognize a symbol of festive sporting events that evokes local, state, regional or national pride? Give examples of how people might treat the victory or defeat of an opponent as a festive event.
4. The Hunger Games are the ‘law’ for the people of Panem. Examine our current US Constitution. What would be required to be re-written for an event such as this to occur?
5. How are the people of all the districts informed of what goes on across the county? How is this similar to today? How is it different?
6. In today’s society, if you don’t agree with what you see in the media—what is an alternative for your to explore more? What alternatives exist in Panem?
7. From you knowledge of US History name a time within the role of the media has been controlled. Why?
8. What incentives does the Capitol use to encourage more production in the Districts?
9. Compare the families in *The Hungry Planet* from Chad (page 57) and Greenland (page 145) to the Hunger Games. What type of support does the Government play in these counties regarding food?
10. Research the role the US Government plays in our food system. Determine how the government is involved in Food Safety, in your local school and with food support.

Good Mutts

Throughout the story we are introduced to mutation from the Capitol or ‘Mutts’. These creatures were genetically designed by the Capitol to serve a specific purpose.

The jabberjay is used for intelligence. It is a bird that can remember and mimic human conversations and repeat them at a later time. After mating with the common mockingbirds, the offspring was called the mockingjay. It is able to reproduce human sounds and melodies.

Tracker jackers are mutated wasps designed to be deadly and persistent. They chase humans around them for great distances before inflicting their powerful venom as revenge. Only a few stings can prove deadly to a human adult.

The mutts at the close of the book are mutated wolves with humanlike characteristics added to them. These were especially designed for the Games, but show the example of what the Capitol scientists are capable of producing.

Imagine if the Capitol used their technology for good. Current projections put the world population by 2050 to be 9 billion people. Our population continues to grow, but the surface area for growing food is not. Through the use of biotechnology, we can work to produce better crops that are resistant to insects and disease and also produce more or varied products. Complete the OVER THE FENCE activities to learn more about the uses of Biotechnology in today’s society.

OVER THE FENCE

1. Vitamin A deficiency is a problem in many developing countries. Golden Rice is a special rice designed to improve nutrition and build Vitamin A into a readily available food source around the world. Research the need for Vitamin A, the problems a lack of Vitamin A leads to and Golden Rice. Report your findings.

2. Norman Borlaug, American Agriculturalist and Nobel Peace Prize winner (1970), was instrumental in developing strains of wheat to help countries feed themselves. Research Borlaug, his life and work and present your findings.

3. The Mule is a sterile hybrid of any two dissimilar equine species. George Washington is believe to be the first mule breeder in the United State when he crossed a female horse with male donkey to create a creature that was strong and sure-footed to work on a farm. Research Washington and his role in animal husbandry and report your findings.

4. After examining Golden Rice, Normal Borlaug, and George Washington, create your own Mutt that would serve our people for good. Consider contemporary problems in your area or around the world. Design the species to help solve a problem. Identify the multiple species you will be working with, detail how it will work and what issues it will solve. Submit a picture of what your new species will look like. Be sure to name it!

As Katniss waits for the Games to begin in the Launch Room, Cinna reminds her, “Remember what Haymitch said. Run, find water. The rest will follow.”

OVER THE FENCE
1. Throughout the Games, water plays an important role. List the multiple examples of how Katniss and Peeta use water to their advantage.
2. What happens when they run low on water?
3. How were the Tributes taught to purify water?
4. How important is water in your daily life? Have you ever tracked how much water you use on a daily basis? Try this—from the moment you wake up keep track of how much water you use, including your shower, your toilet flushing, your tooth brushing, washing clothes, washing dishes, and any other water usage (watering lawns, washing cars, etc.). How much do you use? Compare this as a class.
5. Research where your water is from. Trace water from your tap to the original source. Present the route of your water from the original source to your tap in a multi-media presentation.
6. The U.S. EPA posts Drinking Water Quality Reports at http://cfpub.epa.gov/safewater/ccr/index.cfm. Find your local drinking water report (for towns below 100,000 check your city website for Water Consumer Confidence Report) and determine the amount of contaminants that are in your water.
7. Reflect upon and write how you would purify your own water. How does Katniss purify water for she and Peeta?
8. Use to The Hungry Planet to examine the refuge family from Chad, found beginning on page 57. Find their access to water.
9. This Aboubakars family of Chad receives 77.7 gallons of water from Oxfam for all purposes. How long would you be able to make this water supply last given your current water usage?
10. Research and discuss ways that you maybe able to cut you water usage in your personal life, at home and in school. Present your findings in a multi-media presentation. Determine if you could exist on 77.7 gallons of water.
11. Much of the United States is currently experiencing drought conditions. Make a list prioritizing what you think the are most important to least important aspect that should have access to water. Did you include irrigation and access to water for animals? Where does this fall in your list?
12. Many southern and western states have defined and controlled water rights and usage plans. Discuss your thoughts and feelings about specific water rights.

**ILS:** 4.B.3b; 5.C.3a; 3.B.3d; 17.B.3a; 22.A.3c
Campfire Cooking

Katniss and many of the Tributes from the higher districts know how to cook in a variety of situations. Let us compare how they prepare food to the way you prepare food and how it is prepared around the world.

OVER THE FENCE
1. How does Katniss prepare food for Prim and her mother in the Seam?
2. How does Katniss prepare food with Gale in the wilderness beyond the fence?
3. How is food prepared in the Hob?
4. Madge and Peeta prepare food in a slightly different manner. Describe how their family preparation methods differ from that of the families of Katniss and Gale.
5. In the Arena, how does Katniss prepare most of her meals? How do her preparation methods differ from those of Rue and ‘Foxface’?
6. How are meals prepared in the Capitol?
7. List the technology applications you think are available in the Capitol that might not be available in the Districts, and are certainly not available in the arena.
8. Select 5 families from The Hungry Planet. Determine how they cook and preserve their food. Design a presentation about the families you choose and compare their similarities and differences. Compare these families to your own family. How do you stack up to them with their cooking and food preservation methods? Which families have the most similarities to the cooking methods used in various aspects of The Hunger Games?
9. Which families from the book The Hungry Planet would you compare to the various Districts from The Hunger Games? Discuss which family you think is most like that of District 12. Which family do you think has the most cunningness related to food to help survive?
10. With permission, try to prepare a meal similar to Katniss. Use rocks and the warmth of the sun to heat soup, or start a fire using kindling and no matches (or limit yourself to 1 match).
11. From The Hungry Planet, identify up to 10 various forms of technology utilized by families to help cook and preserve their food. Trace the cooking technology back to simple fire or sun drying. How has technology improved the time it takes to prepare a meal? Present your findings in a multi-media presentation.

ILS: 3.C.3a; 3.C.3b; 17.C.3a
“Quotable”

Using the quotations from the OVER THE FENCE section below or others from the book, students will write a reflective paragraph about the quote. Some/all of the following questions should be addressed in the reflection.

1. What does the quote mean to me?
2. What did the quote mean to the speaker?
3. Under what circumstances did the author use this quote?
4. How might this quote be used in the context of society today?

OVER THE FENCE

- But there is also food if you know how to find it. My father knew and he taught me some before he was blown to bits in a mine explosion. I was eleven then. Five years later, I still wake up screaming for him to run. (Chapter 1 paragraph 9)
- You can see why someone like Madge, who has never been at risk of needing a tessera, can set him off. The chances of her name being drawn is very slim compared to those of us who live in the Seam. Not impossible, but slim. And even the rules e were set up by the Capitol, not the Districts, certainly not by Madge’s family, it’s hard not to resent those who don’t have to sign up for the tessera. (1.51)
- The boy took one look back to the bakery as if checking that the coast was clear, then, his attention back on the pig, he threw a loaf of bread in my direction. The second quickly followed, and he sloshed back to the bakery, closing the kitchen door tightly behind him. (2.44)
- It was slow-going at first, but I was determined to feed us. I stole eggs from nests, caught fish in nets, sometimes managed to shoot a squirrel or rabbit for stew, and gathered the various plants that sprung up beneath my feet. Plants are tricky. Many are edible, but one false mouthful and you’re dead. I checked and double-checked the plants I harvested with my father’s pictures. I kept us alive. (4.19)
- I knelt down in the water, my fingers digging into the roots. Small, bluish tubers that don’t look like much but boiled or baked are as good as any potato. “Katniss,” I said aloud. It’s the plant I was named for. And I heard my father’s voice joking, “As long as you can find yourself, you’ll never starve.” (4.22)
- I try to imagine assembling this meal myself back home. Chickens are too expensive, but I could make do with a wild turkey. I’d need to shoot a second turkey to trade for an orange. Goat’s milk would have to substitute for cream. We can grow peas in the garden. I’d have to get wild onions from the woods. I don’t recognize the grain, our own tessera rations cook down to an unattractive brown mush. Fancy rolls would mean another trade with the baker, perhaps two or three squirrels. As for the pudding, I can’t even guess what is in it. Days of hunting and gathering for this one meal and even then it would be a poor substitution for the Capitol version. (5.26)
“Quotable”

- What must it be like, I wonder, to live in a world where food appears at the press of a button? How would I spend the hours I now commit to combing the woods for sustenance if it were so easy to come by? (5.27)
- Peeta rolls his eyes at Haymitch. “She has no idea. The effect she can have.” He runs his fingernails along the wood grain in the table refusing to look at me. What on earth does he mean? People help me? When we were dying of starvation, no one helped me! No one helped me except Peeta. Once I had something to barter with, things changed. I’m a tough trader. Or am I? What effect do I have? (7.36/37)
- They do surgery in the Capitol, to make people appear younger and thinner. In District 12, looking old is something of an achievement, since so many people die early. You see an elder person, you want to congratulate them on their longevity, ask the secret of survival. A plump person is envied because they aren’t scraping by like the majority of us. But here it is different. Wrinkles aren’t desirable. A round belly isn’t a sign of success. (9.74)
- "They have all those supplies," Rue says. "Say they didn't. Say the supplies were gone. How long would they last?" I say. "I mean, it's the Hunger Games, right?" "But Katniss, they're not hungry," says Rue. "No, they're not. That's the problem," I agree. And for the first time, I have a plan. (15.76–79)
- Despite the groosling and the fish, my stomach is growling, and I know I’m going to have what we call a hollow day back in District 12. That’s a day where no matter what you put in your belly there is never enough. Having nothing to do but sit in a tree makes it worse, so I decide to give into it. (17.27)
- I open the parachute and find a small loaf of bread. It’s not the fine white Capitol stuff. It’s made of dark ration grain and shaped in a crescent. Sprinkled with seeds. I flash back to Peeta’s lesson on the various district bread in the Training Center. This bread came from District 11. I cautiously lift the still warm loaf. What must it have cost the people of District 11 who can’t even feed themselves? How many would’ve had to do without to scrape up a coin to put in the collection for this one loaf. (18.48)
- For a moment, I’m almost foolishly happy and then confusion sweeps over me. Because we’re supposed to be making up this stuff, playing at being in love, not actually being in love. But Peeta’s story has a ring of truth to it. That part about my father and the birds. And I did sing the first day of school, although I don’t remember the son. And that red plaid dress…there was one, a hand-me-down to Prim that got washed to rags after my father’s death. It would explain another thing too. Why Peeta took a beating to give me the bread on that awful hollow day. So, if those details are true…could it all be true? (22.95–96)
Peeta’s Bread

Panem, the fictional setting of The Hunger Games comes from the Latin panem et circenses meaning bread and circuses. This is a metaphor for the superficial appeasement of humans, and ignoring their civic duties. Basically if you keep people fed and entertained, the government can act as it wants, without interference. Pan is Spanish for bread, and Panera (a popular sandwich restaurant throughout Illinois) comes from the Greek meaning bread of life.

Agriculture terms also exist in the book. Rue is the name of an evergreen shrub with beautiful yellow flowers. Primrose (Prim) is a beautiful low growing flower with tiny black seeds. Thrush refers to a number of small birds inhabiting wooded areas, and Katniss is the name of an aquatic flowering plant.

Throughout the book there are many subtle references to food or food sources. But most importantly Peeta (pronounced like Pita—a form of flat bread) is a baker of bread. The bread Peeta and his family bake is typically only affordable to those with wealth. The Mellark family uses local grains as well as imported grains to make a variety of breads. Throughout the book Peeta recognized various types of bread that Katniss doesn’t really examine. Peeta points out that District 3 has bite-size square shaped rolls, District 4 salty fish-shaped green (tinted with seaweed) bread, District 11 has dark ration grain bread shaped in a crescent and sprinkled with seeds. Katniss receives a sample of this bread after Rue is killed. District 12 had drop biscuits made from tessera grain. However, in the Capitol, Katniss and Peeta enjoy bread from refined white flour in the shape of puffy flowers. What does bread look like around the world today?

OVER THE FENCE
1. Examine the photographs from The Hungry Planet. Find references to bread in the photographs, and compare their bread to your bread at home and at school.

2. Record how much bread you eat in a week. Where does your bread come from? How is that different from other countries in The Hungry Planet, and to the other Districts in The Hunger Games?

3. Research various types of bread from around the world from BAKE in Trinidad, to French Croissants to Indian Naan and Mexican Tortillas. Find a recipe and visit the local ethnic grocery to prepare this bread. Engage your classmates in a taste test and determine the favorite bread for your class.

ILS: 3.B.3a; 3.C.3b; 17.C.3a; 24.B.3
What they eat...

Survival can mean eating things you might not ordinarily eat.

List some of the things Katniss, her family, the citizens of the Panem districts, and the tributes must eat to survive.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

What do the citizens of the Capitol eat?

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Find a 2 families in *The Hungry Planet* and list the food items from the family shopping list that you have never experienced.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Find similarities between the families in *The Hungry Planet* and *The Hunger Games*.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
Survival

In *The Hunger Games* survival meant eating things you wouldn’t normally eat. In *The Hungry Planet* you also find families eating things that you would not find in your local supermarket.

**OVER THE FENCE**

1. List items that the families in the Districts eat on a regular basis.
2. List items that citizens of the Capitol eat on a regular basis.
3. Compare and contrast these items. Which would be most like the meals to which you are accustomed?
4. How would you determine how ‘healthy’ each menu might be?
5. Discuss a menu that you enjoy that might be considered more ‘exotic’ than your typical U.S./American dish? For instance—does your family have any menu item that is similar to ‘Greasy Sae’s’ winter special?
6. In an essay, discuss how you might be able to forage for roots and snare animals. In your essay would you be able to survive?

Katniss and Gale could be described as petty criminals. They break rules set forth by the government. They poach animals on government land, use tools and materials that have been outlawed and even as teenagers they wheel and deal on the black market. The criminal behavior they display could be a symptom of poverty forced upon them by those in power.

**OVER THE FENCE**

1. Why does Katniss resort to breaking laws while living in the District?
2. Why is Katniss economically disadvantaged? Is it because of family life?
3. Katniss has never left the District, and to the amazement of her prep team, has never seen some things to which they are accustomed. Would you consider Katniss culturally deprived?
4. What problems do Katniss and Peeta have when eating the ‘rich’ Capitol foods on the train after the reaping, and immediately after the Games?
5. When Katniss first remembers Peeta, he shares burnt bread with her. We later learn that this act came at a cost to Peeta from his mother. Would you consider Peeta’s act a gift of charity? Was it enough? How does Katniss remember this gift?
6. In the United States, many people are not familiar with where their food comes from. One person said “People will care about where their food comes from, when the right person goes to bed hungry”. Write or discuss your thoughts using support from both books.
7. How would knowing how to be hungry have been a benefit to Katniss over the Career Tributes after she blew up their supplies?

*ILS: 3.B.3b; 3.C.3;14.D.3; 15.B.3b*