

- 4-H is a club for kids ages 8 to 18.
- 4-H means Head, Heart, Hands, and Health.
- 4-H's symbol is a green four-leaf clover.

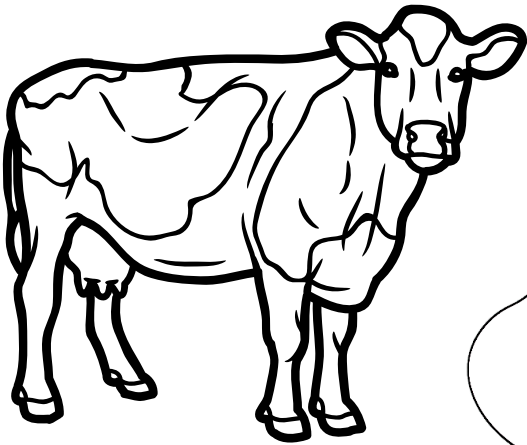


- 4-H teaches new skills.
- 4-H members learn by doing fun projects and helping others.
 - 4-H has been around for 100 years.

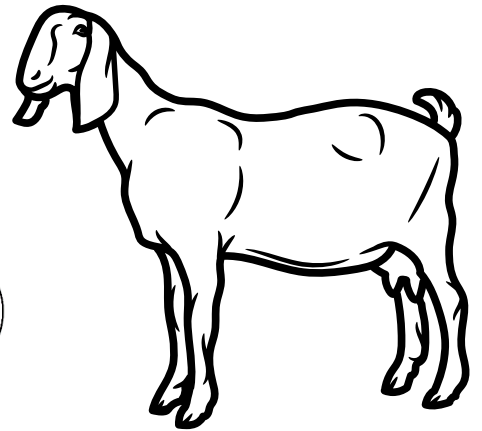


My 4-H Farm Friends

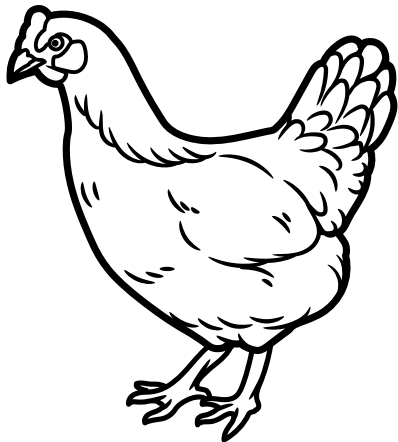
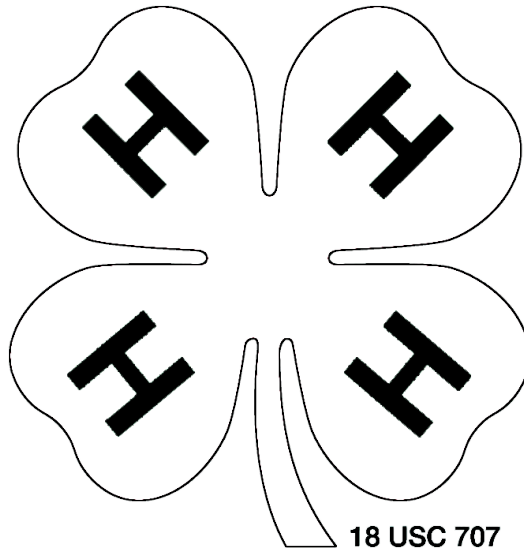
Directions: Fill in the missing letters.



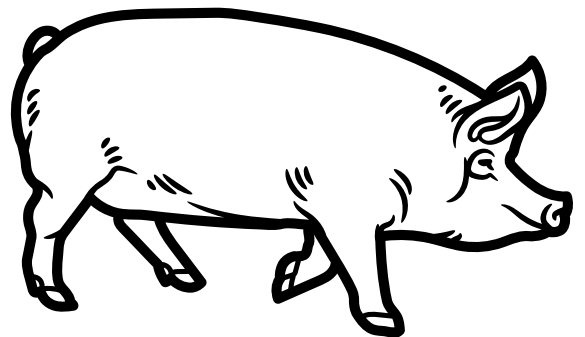
_ead



Heal__



Hear__



H_nds