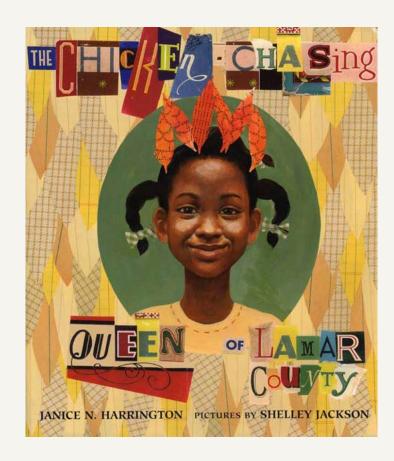
Accurate Agriculture,

Powerful Stories,

Diverse Voices

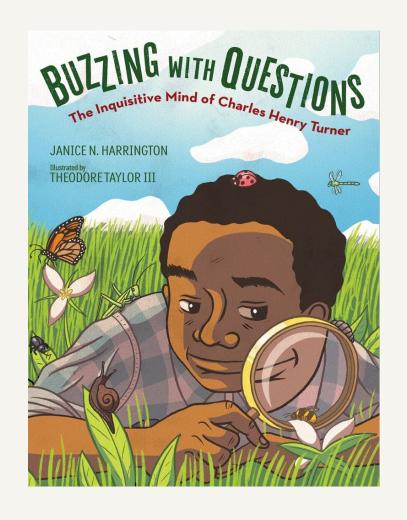
Janice Harrington Kevin Daugherty

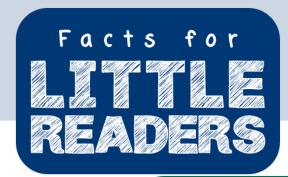








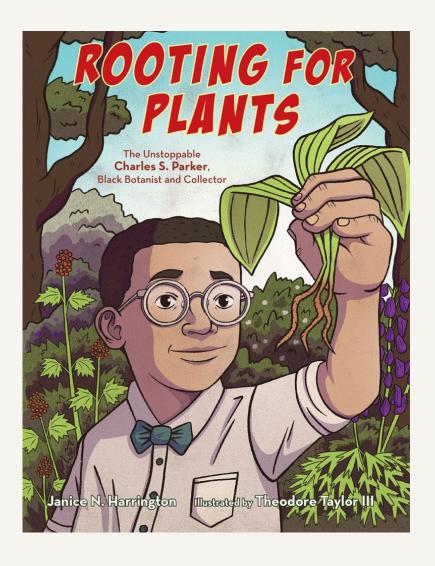




Pollinators

- Food we eat depends on bees, butterflies, and other insects called pollinators.
- Plants need pollen to grow.
- Pollinators help plants





Mushrooms



Mushrooms are the fruitbodies of different kinds of fungi. They are not considered plants or animals, although they share similar traits to both. Many mushrooms that you might see growing in your yard or on a fallen tree can be very harmful if they are eaten.

Edible mushrooms are mushrooms that are not poisonous and can be eaten. People around the world have been growing edible mushrooms for hundreds of years. These mushrooms are packed full of vitamins and nutrients and make delicious meals.

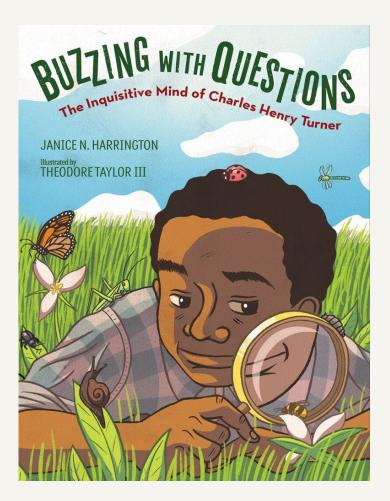


Tell us about your farm/business.

We founded Windy City Mushroom at the start of 2020 when we saw a need for reliable and

How do you grow and harvest your mushrooms?







Concepts	Book 1	Book 2	Activity or Connections
Bees	Buzzing With Questions	Flight of the Honeybee by Raymond Huber	Make Turner's cornucopia for testing whether bees can see color
Bees	Buzzing With Questions	Honeybee: The Life of Apis mellifera by Candace Fleming	Make a bee hotel
Plants Pollinated by Bees	Buzzing With Questions	Mystery Vine by Cathryn Falwell	Illinois pumpkins and apple orchards
Camera (Pictures)	Buzzing With Questions	The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin by Julia Finley Mosca	Collect or draw pictures of insects
Entomology	Buzzing With Questions	Evelyn the Adventurous Entomologist: The True Story of a World-Traveling Bug Hunter by Christine Evans	Turner made amazing charts to record information he collected - practice making various types of charts

Resource Books:

Biology for Kids: Science Experiments and Activities Inspired by Awesome Biologists, Past and Present by Liz Lee Heinecke

Funky Fungi: 30 Activities for Exploring Molds, Mushrooms, Lichens, and More by Alisa Gabriel and Sue Heavenrich





ROOTING FOR PLANTS

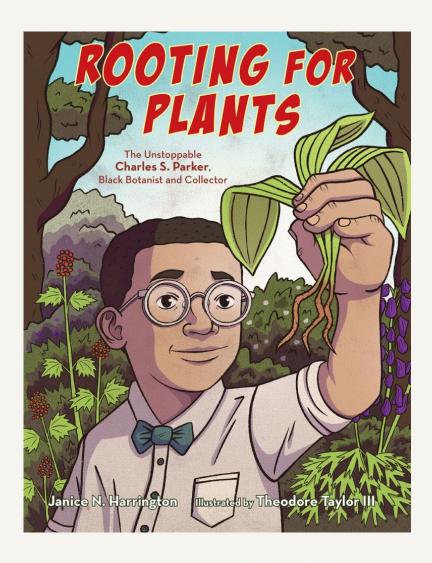
The Unstoppable Charles S. Parker, Black Botanist and Collector

By: Janice N. Harrington

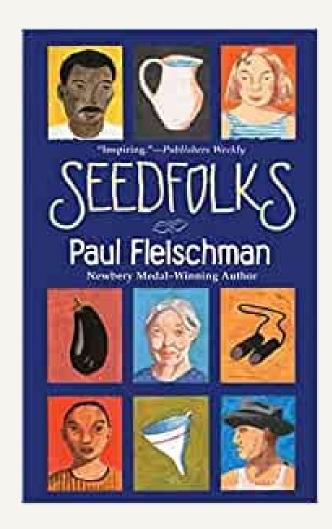
			1.	
Concepts	Book 1	Book 2	Activity or Connections	
Botanists	Rooting for Plants	Queen of Leaf: The Story of Botanist Ynes Mexia by Stephen Briseño	Dry a plant to make a specimen mount	
Plant Collecting - Nature	Rooting for Plants	What's in Your Pocket? Collecting Nature's Treasure by Heather L. Montgomery	Go on a nature walk- What plants can students find?	
Pant Collecting - Foraging	Rooting for Plants	Watercress by Andrea Wang	Forage for natural materials for crafts	
Farming	Rooting for Plants	Farmer Will Allen and the Growing Table by Jacqueline Briggs Martin	Illinois farming and local farmer's markets	
Plants: Gardens	Rooting for Plants	In the Garden with Dr. Carver by Susan Grigsby	Grow a classroom herb garden	
Farming: Gardens	Rooting for Plants	Right This Very Minute: A Table-to- Farm Book About Food and Farming by Lisl H. Detlefsen	Illinois farming and crops	
Farming: Potatoes	Rooting for Plants	No Small Potatoes: Junius G. Groves and His Kingdom in Kansas by Tonya Bolden	Illinois crops	
Farming	Rooting for Plants	Thank A Farmer by Maria Gianferrari	Illinois farming and foods	

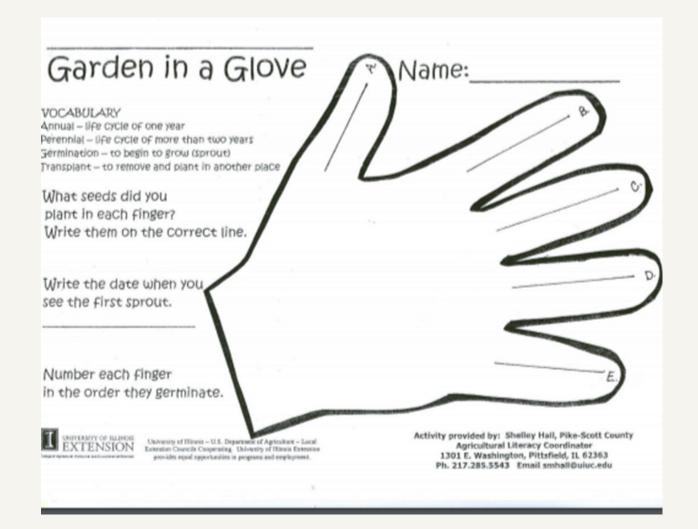
Resource Book:

Biology for Kids: Science Experiments and Activities Inspired by Awesome Biologists, Past and Present by Liz Lee Heinecke

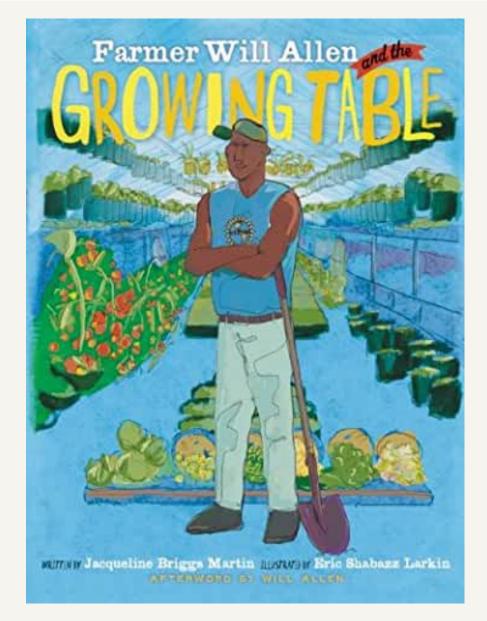




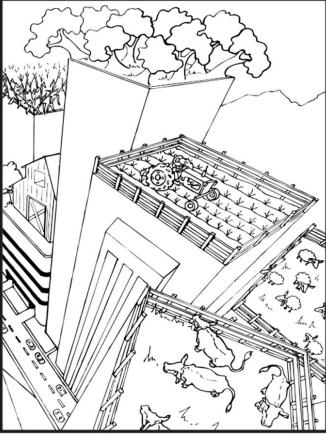








Rooftop Farming

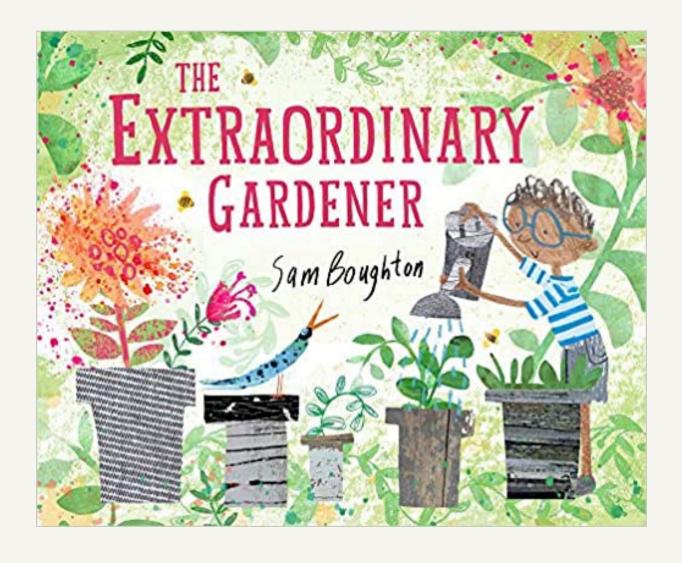


Create a caption:

What Land Works Best

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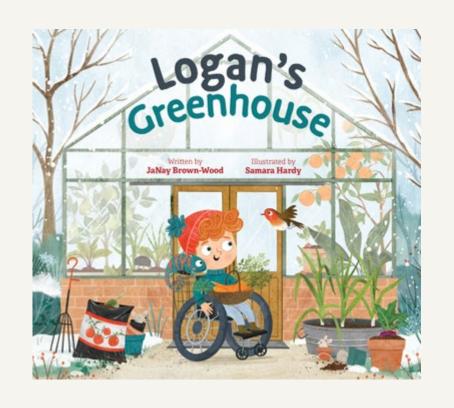






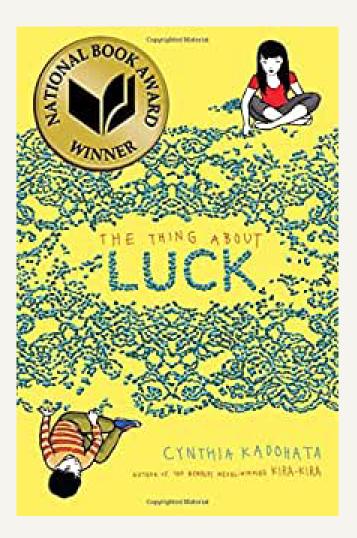












Wheat Grinding

Grade Levels: 3-5

Purpose: The purpose of this activity is for the students to learn more about the specific parts of a wheat stalk and how the wheat milling process works.

Common Core State Standards: CCSS.ELA-Literacy.RI.4.3; RI.4.4; RI.4.5; RF.4.3a

CCSS.Math.6.SP

Next Generation Science Standards: Interdependent Relationships in Ecosystems: 3-LS4-3; 3-LS4-4 Structure, Function and Information Processing: 4-LS1-1

Illinois Social Science Standards: SS.ED.3.2; SS.G.3.3; SS.H.2.3

Suggested Reading Materials:

IAITC's Wheat Terra Nova IAITC's Wheat Ag Mag

Farmer George Plants a Nation by Peggy Thomas ISBN: 978-1620910290 The Thing About Luck by Cynthia Kadohata ISBN: 978-1442474659

Materials Needed:

- Wheat Stalks
- · Salt or Pepper Grinder

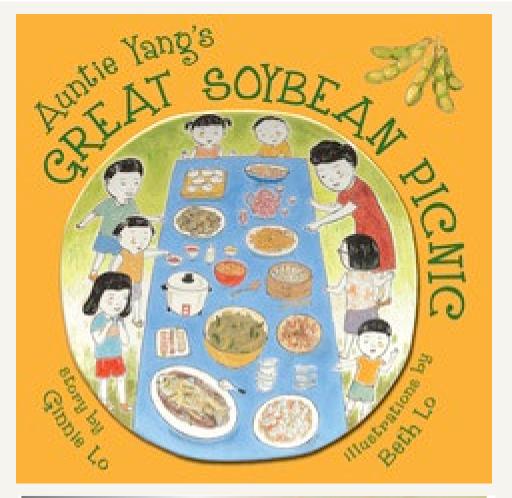
Procedure:

- Show students wheat stalks.
- 2. Go over the parts of the wheat stalk with the students so they can understand the directions for dissection.
 - ⇒ Stalk—the entire plant.
 - ⇒ Head—the part of the wheat plant that contains the kernels.
 - ⇒ Beard—the bristle-like parts of the wheat plant that cover and protect the kernels.
 - Kernel—the seed from which the wheat plant is grown or that people harvest from the wheat plant to grind into flour.
 - ⇒ Stem/Straw—the part of the wheat plant that supports the head and is known as straw after harvest.
- 3. Dissect the wheat using the following steps:
 - ⇒ Hand out stalks of wheat to the students.
 - ⇒ Break the head off the stem.
 - Make a straw out of the stem by breaking it to avoid the nodes.
 - ⇒ Lay the wheat head flat on a hard surface and pat with your hand to shake out the kernels.
 - ⇒ Have the students count their kernels.
- 4. Put the kernels of wheat into a salt or pepper grinder and have the students mill their wheat into flour. What simple machines are being used?
- Talk about different ways to grind wheat. The Native Americans did it using rocks, etc. Have students design their own method of grinding wheat and then test their machines.
- 6. Talk about the uses of wheat flour to make pastas, breads, desserts, etc.

Lesson Extenders:

- Ask students to count how many kernels they removed from the head of their wheat plant. Record each number on the board. Have students find the mean, median, mode and range of the set of numbers.
- Have students find the gluten in wheat by chewing the kernels. Before there was chewing gum in the store, farmers made their own with grains of wheat!







Cool BEANS!

Soybeans are the seeds of the soybean plant. They grow on the soybean plant in pods, like peas or peanuts. Also,

SEED COAT – outside cover that protects the seed

HILUM – brown spot; allows water into the seed coat

COTVI FOON - the first food



CAREERS



JENNY YANG Entrepreneur

Phoenix Bean, LLC Chicago, IL

How long have you been with Phoenix Bean?

I took over Phoenix Bean 16 years ago and have grown the company from 6 employees to 18. We expect to grow significantly in the next few years.

What is tofu, exactly?

Tofu is basically soybean curd. Many people know edamame, or yellow raw soybeans, but do not know they are eating soybeans. To make our tofu, we clean our soybeans which have been purchased from the farmers. Then we soak them overnight to let the soybean open up and begin sprouting. When the sprout is about 1/3 of an inch, they are perfect for grinding. We grind the whole soybean and pasteurize the mash. This process creates a solid, sometimes called soy flour, and a liquid, or the curd.

Is there any waste from producing your product?

We actually recycle much of our soybean scrap. We work with Loyola University where they are turning that scrap into a product for mushroom growers. There is still a lot of protein in that material which can help the mushrooms grow.

Why do you think more people are eating soybean products like tofu and edamame in the U.S. in recent years?

People are realizing that soybeans are really nutritious. In Japan for example, they eat them to reduce wrinkles in their skin. You can lose some of that nutrition the more you process the soybean, so people are turning to products like our tofu ground from the whole bean.

Beanie Baby

Now that you know how soybeans grow, why not grow your own?

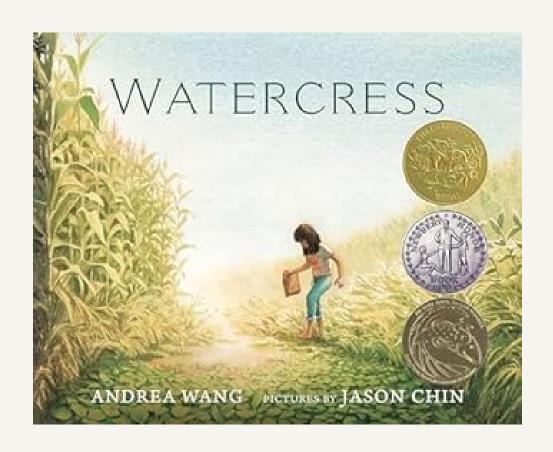
MATERIALS NEEDED:

- Jewelry size resealable bag (found in craft stores)
- Crystal Soil (Found in plant nurseries or from Flinn Scientific 800-452-1261)
- · Hole Punch
- Water
- · Measuring spoons
- Soybeans
- Yarn
- Punch a hole in the top of your bag, above the zipper seal.
- Place ¼ teaspoon of Crystal Soil into the bag.
- Drop 1-2 soybeans into the bag.
- 4. Add 1 tablespoon of water.
- Seal your bag.
- Insert the yarn into the hole to make a necklace.



- 7. Use the yarn to hang your beanie baby around the room to chart the effect of various exposures to light and heat. You might want to wear it around your neck and under your shirt to provide constant heat for your Beanie Baby!
- Check your Beanie Baby several times a day to watch the process of germination.
- Record the growth on a chart.







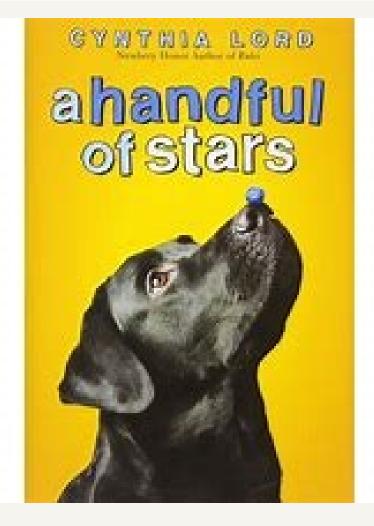
Microgreens are used in a variety of foods

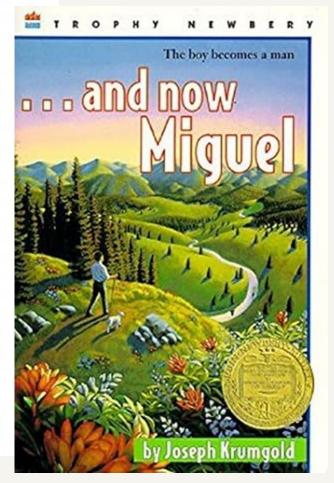
such as sandwiches, wraps, and salads.

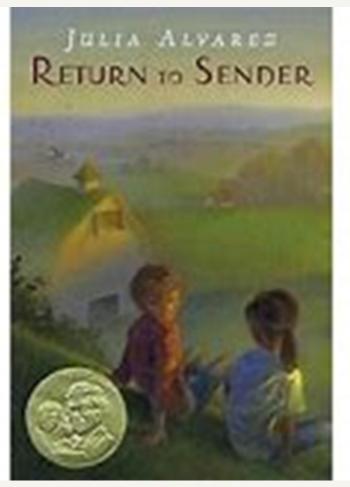


It only takes seven to fourteen days for the

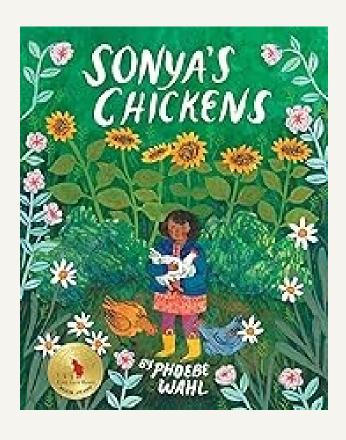
microgreens to grow enough to be harvested.





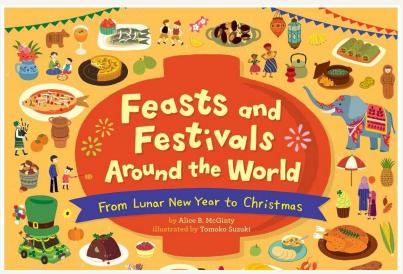


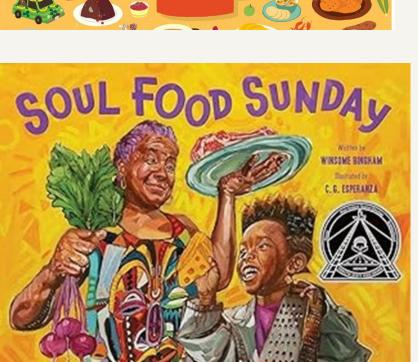


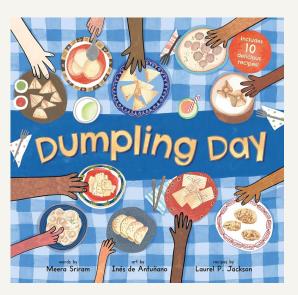


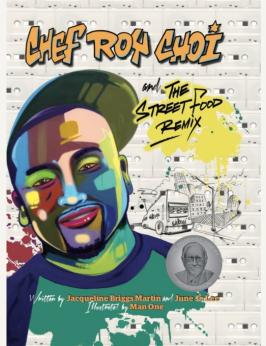


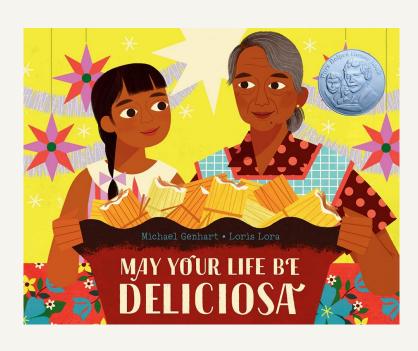














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Desktop Greenhouses

Grade Level(s)

3 - 5

Estimated Time

2 hours plus one week of observations

Purpose

Students will investigate the importance of light to plants by creating a desktop greenhouse investigation and exploring the process of photosynthesis.

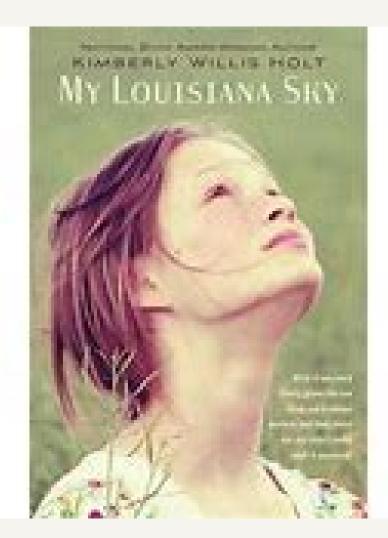
Materials

Interest Approach — Engagement

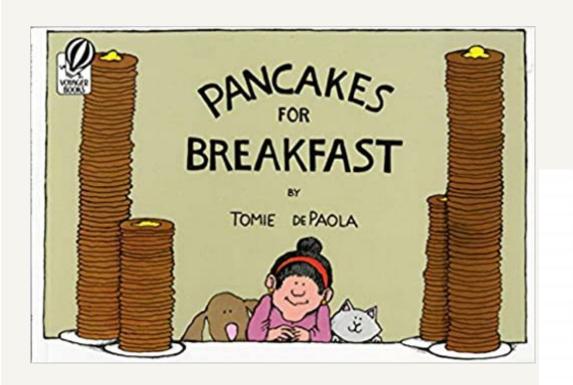
- Big City picture
- Ski Town Turns Car Park into Vertical Farm for Local Jobs/Food

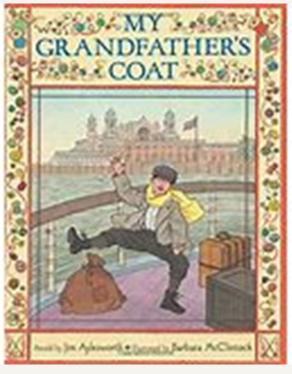
Activity 1: Do Plants Need Light?

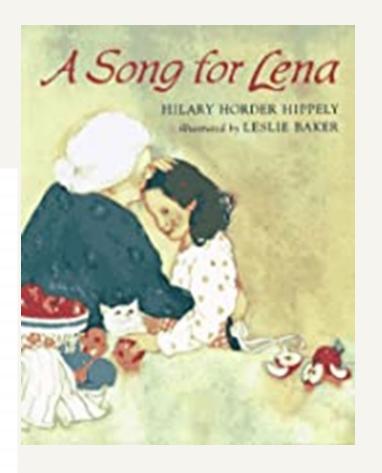
Desktop Greenhouses video



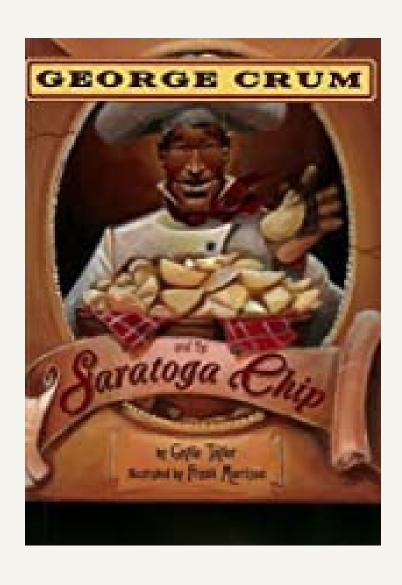








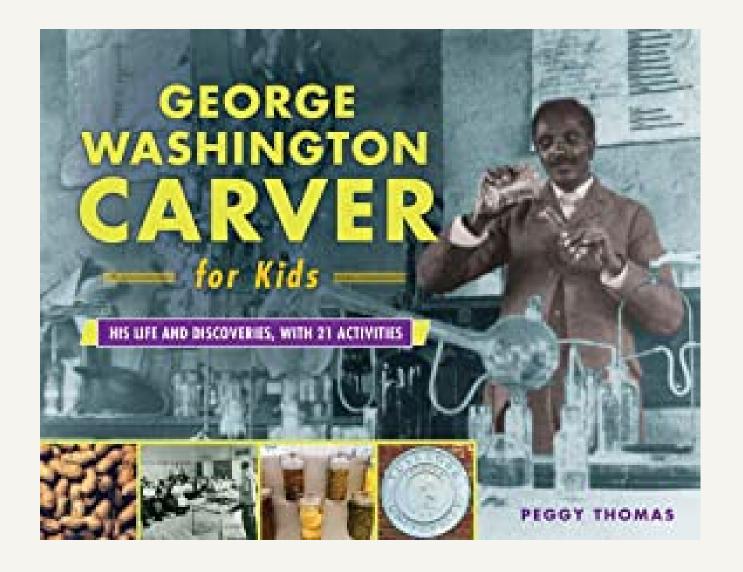


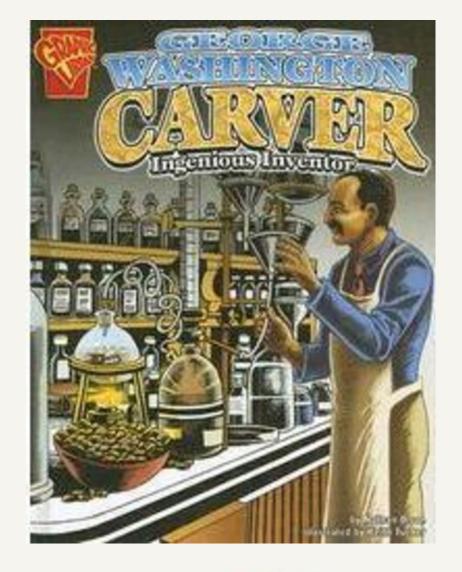


George Crum and the Saratoga Chip by Gaylia Taylor

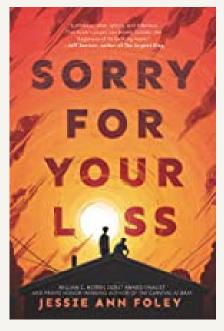


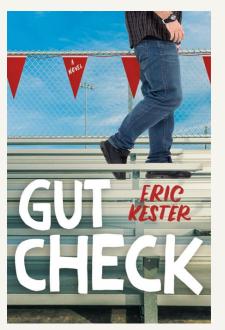


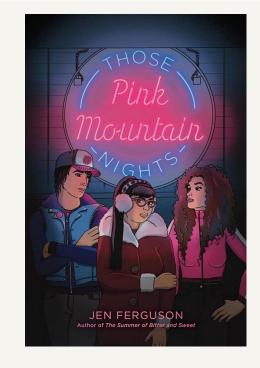


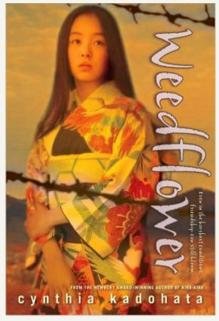


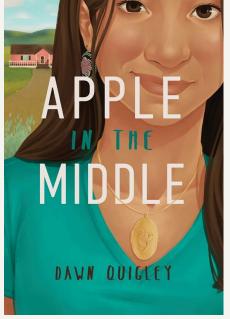




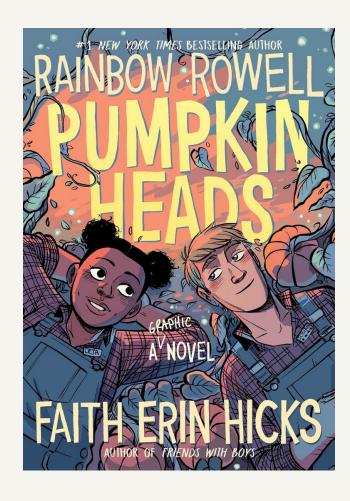


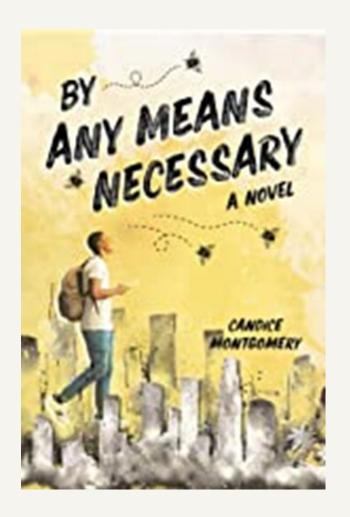














National Agricultural Literacy Curriculum Matrix





"A beautiful and important book about one of the world's most important subjects." - Eric Schlosser, author of Fast Food Nation.

HUNGRY PLANET

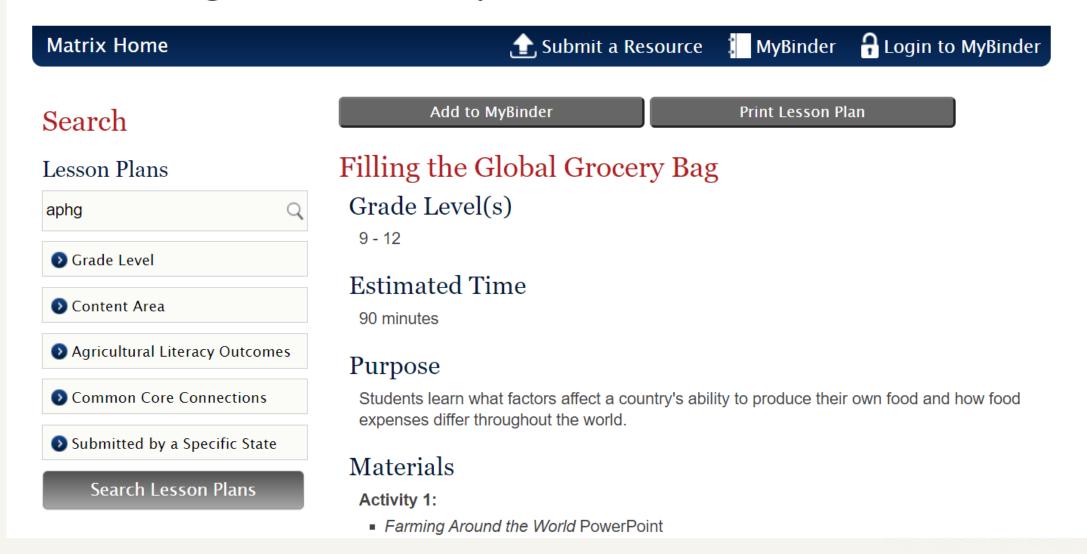


WHAT THE WORLD EATS

PETER MENZEL and FAITH D'ALUISIO • Foreword by Marion Nestle



National Agricultural Literacy Curriculum Matrix



And Many, Many More.

Accurate Agriculture,
Powerful Stories,
Diverse Voices

